## Year 8 – Table Tennis

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| **Unit aim** | To develop competence and confidence when playing attacking and defensive shots close up and away from the table | | | | |
| **Lesson outcomes** | Recap backhand push | Forehand topspin from a varied feed.    Close and away | Forehand topspin down the line / cross table    Close and away | Countering the topspin with a block shot and slice | Loop shot |
| **Intended knowledge** | Students will know how to feed the ball in correctly  Students will know how to complete a backhand push correctly  Students will know how to outwit an opponent with this shot  Students will know how to maintain a score in a game type situation | Students will know how to use a forehand topspin correctly  Student will know when to use this type of shot  Students will know how to change the direction of the ball  Students will know how to feed the ball in correctly (higher bounce)  Students will consider the angle of the bat when playing this shot | Students will know how to use a forehand topspin correctly  Students will know how to change the direction of the ball  Students will know how to feed the ball in correctly (higher bounce)  Students will consider the angle of the bat when playing this shot | Students will know the term “countering” in table tennis  Students will know how to block a ball  Students will know how to use a block shot and a slice | Students will consider the term loop and apply it to table tennis  Students will know when to use this type of shot  Students will know the technique involved in this shot |
| **Prior knowledge** | Students will know how to feed the ball in correctly  Students will know the basic scoring system for a game  Students will know the basic rules for a game  Students will know how to hold the bat correctly | Students will know how to feed the ball in correctly  Students will know the basic scoring system for a game  Students will know the basic rules for a game | Students will know when to use this type of shot  Students will know how to create topspin  Students will know the techniques involved for a topspin | Students will know why they may need to apply this shot  Students will have attempted this shot during a game | Students will know how to feed the ball in correctly  Students will know the basic scoring system for a game  Students will know the rules for a game |

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| Lesson 1 - Recap backhand push |

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| **Do now** | What are the key teaching points for a backhand push?  Why is it important that we use this skill in a game?  How would you use this skill to outwit an opponent? | | | |
| **Teacher exposition**  **(I do)** | Use the following task card to support with this lesson:  [Task cards\backhand push task card.doc](file:///\\tsa-fs03\staffshare$\PE\__The%20Sutton%20Academy%20PE%20department%202018\Schemes%20of%20learning%20and%20resources\__NEW%20SFL%202020\Task%20cards\backhand%20push%20task%20card.doc)  How to feed the ball correctly:  [M:\PE\\_\_The Sutton Academy PE department 2018\Schemes of learning and resources\Year 7 and 8 (KS3)\Table Tennis\Useful drills and game ideas\How to feed the ball in table tennis.pdf](file:///M:\PE\__The%20Sutton%20Academy%20PE%20department%202018\Schemes%20of%20learning%20and%20resources\Year%207%20and%208%20(KS3)\Table%20Tennis\Useful%20drills%20and%20game%20ideas\How%20to%20feed%20the%20ball%20in%20table%20tennis.pdf) | | | |
| **Learning task (We do / you do)** | | | | |
| *Practice*  **Set up**  Player A to feed the ball into player B using just one side of the table.  10 successful feeds each then swap over.  Use the task card to support further and provide additional challenge. | | | *Application*  **Set up**  Both players A and B play a continuous rally down the one side of the table (could additionally move this to full table/diagonal).  Maintain rally for 20 shots.  Change to the opposite side of the table.  **Game**  Allow for a small game, first to 5 points. | |
| **Responsive adaptations** | **Developing**  Overhead feed  Provide large targets to hit | **Securing**  Overhead feed  Provide large targets to hit and vary location | | **Mastering**  Serving feed  Provide small targets to hit and vary location  Allow for a game |
| **Progress check questions** | What are the key teaching points for a backhand push?  Ready – Preparation – Contact – Follow through  Why would you use this shot in a game situation?  Defensive based shot  How can you use this shot to outwit an opponent?  Vary the distance/power/location of shot | | | |
| **Errors or misconceptions to look out for** | Holding the bat incorrectly  Angle of the bat for a backhand push  Power of the shot  Positioning and stance | | | |

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| Lesson 2 - Forehand topspin from a varied feed.  Close and away |

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| **Do now** | **Backhand push**  How do we feed the ball in?  How to we play a backhand push?  How can we beat an opponent with this shot? | | | |
| **Teacher exposition**  **(I do)** | Use the following task card to support with this lesson:  [Task cards\forehand topspin task card.doc](file:///\\tsa-fs03\staffshare$\PE\__The%20Sutton%20Academy%20PE%20department%202018\Schemes%20of%20learning%20and%20resources\__NEW%20SFL%202020\Task%20cards\forehand%20topspin%20task%20card.doc)  How to feed the ball correctly:  [M:\PE\\_\_The Sutton Academy PE department 2018\Schemes of learning and resources\Year 7 and 8 (KS3)\Table Tennis\Useful drills and game ideas\How to feed the ball in table tennis.pdf](file:///M:\PE\__The%20Sutton%20Academy%20PE%20department%202018\Schemes%20of%20learning%20and%20resources\Year%207%20and%208%20(KS3)\Table%20Tennis\Useful%20drills%20and%20game%20ideas\How%20to%20feed%20the%20ball%20in%20table%20tennis.pdf) | | | |
| **Learning task (We do / you do)** | | | | |
| *Practice*  **Set up**  Player B to feed the ball into player A using just one side of the table to begin with. This can vary from arm feeds to serves.  Begin to vary the distance/speed of the feeds.  10 successful feeds each then swap over.  Use the task card to support further and provide additional challenge. | | | *Application*  **Set up**  Allow for a game, first to 5 points  Where possible, encourage the use of a forehand topspin  Continue to use the targets for additional challenge | |
| **Responsive adaptations** | **Developing**  Attempt regular serve  Provide large targets to hit | **Securing**  Attempt regular serve  Provide large targets to hit and vary location  Spin evident at times | | **Mastering**  Normal serve to outwit  Provide small targets to hit and vary location  Spin evident and sometimes successful |
| **Progress check questions** | What are the key teaching points for a forehand topspin?  Ready – Preparation – Contact – Follow through  Why would you use this shot in a game situation?  Outwit opponents/varied return  How can you use this shot to outwit an opponent?  Vary the distance/power/location of shot | | | |
| **Errors or misconceptions to look out for** | Holding the bat incorrectly  Angle of the bat  Timing of the shot  Power of the shot  Positioning and stance | | | |

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| Lesson 3 - Forehand topspin down the line / cross table  Close and away |

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| **Do now** | **Forehand topspin**  What are the key teaching points for a forehand topspin?  Ready – Preparation – Contact – Follow through  Why would you use this shot in a game situation?  Outwit opponents/varied return  How can you use this shot to outwit an opponent?  Vary the distance/power/location of shot | | | |
| **Teacher exposition**  **(I do)** | Use the following task card to support with this lesson:  [Task cards\forehand topspin task card.doc](file:///\\tsa-fs03\staffshare$\PE\__The%20Sutton%20Academy%20PE%20department%202018\Schemes%20of%20learning%20and%20resources\__NEW%20SFL%202020\Task%20cards\forehand%20topspin%20task%20card.doc)  Opening the body up to change direction of the ball | | | |
| **Learning task (We do / you do)** | | | | |
| *Practice*  **Set up**  Task 1  Player B feeds the ball to player A  Player A returns the ball cross table to a target (or straight if they are finding it too challenging)  10 successful feeds each then swap over.  Use the task card to support further and provide additional challenge.  Task 2  Both players A and B play a continuous rally down the one side of the table (could additionally move this to full table/diagonal).  Maintain rally for 20 shots. | | | *Application*  **Set up**  Game/Tournament | |
| **Responsive adaptations** | **Developing**  Attempt forehand shot  Change direction of the ball | **Securing**  Attempt forehand topspin with some success  Change the direction of the ball to outwit an opponent | | **Mastering**  Use forehand topspin with regular success  Outwit opponents |
| **Progress check questions** | What are the key teaching points for a forehand topspin?  Ready – Preparation – Contact – Follow through  Why would you use this shot in a game situation?  Outwit opponents/varied return  How can you use this shot to outwit an opponent?  Vary the distance/power/location of shot | | | |
| **Errors or misconceptions to look out for** | Holding the bat incorrectly  Angle of the bat  Timing of the shot  Power of the shot  Positioning and stance | | | |

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| Lesson 4 - Countering the topspin with a block shot |

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| **Do now** | **Forehand topspin**  How do you change the direction of the ball?  When is this shot used?  How can you outwit an opponent with this shot? | | | |
| **Teacher exposition**  **(I do)** | Use the following task cards to support with this lesson:  [Task cards\forehand counterhit task card.doc](file:///\\tsa-fs03\staffshare$\PE\__The%20Sutton%20Academy%20PE%20department%202018\Schemes%20of%20learning%20and%20resources\__NEW%20SFL%202020\Task%20cards\forehand%20counterhit%20task%20card.doc)  [Task cards\backhand counterhit task card.doc](file:///\\tsa-fs03\staffshare$\PE\__The%20Sutton%20Academy%20PE%20department%202018\Schemes%20of%20learning%20and%20resources\__NEW%20SFL%202020\Task%20cards\backhand%20counterhit%20task%20card.doc) | | | |
| **Learning task (We do / you do)** | | | | |
| *Practice*  **Set up**  Player B feeds the ball to player A  Player A returns the ball cross table to a target (or straight if they are finding it too challenging)  Player B will be counterhit the ball upon the return  10 successful feeds each then swap over.  Use the task card to support further and provide additional challenge. | | | *Application*  **Set up**  Game/Tournament | |
| **Responsive adaptations** | **Developing**  Can sometimes return a shot using a counterhit | **Securing**  Can often return the ball using a counterhit | | **Mastering**  Consistently returning the ball using a counterhit and can use it in competitive situations |
| **Progress check questions** | What are the key teaching points for a block shot?  Why would you use this shot in a game situation?  Defensive  How can you use this shot to outwit an opponent?  Vary the distance/power/location of shot | | | |
| **Errors or misconceptions to look out for** | Holding the bat incorrectly  Angle of the bat  Timing of the shot  Power of the shot  Positioning and stance | | | |

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| Lesson 5 - Loop shot |

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| **Do now** | What is a loop shot?  How can we use this shot to help us beat an opponent? | | | |
| **Teacher exposition**  **(I do)** | Use the following task cards to support with this lesson:  [M:\PE\\_\_The Sutton Academy PE department 2018\Schemes of learning and resources\Year 7 and 8 (KS3)\Table Tennis\Task cards\Loop shot.docx](file:///M:\PE\__The%20Sutton%20Academy%20PE%20department%202018\Schemes%20of%20learning%20and%20resources\Year%207%20and%208%20(KS3)\Table%20Tennis\Task%20cards\Loop%20shot.docx) | | | |
| **Learning task (We do / you do)** | | | | |
| *Practice*  **Set up**  Task 1  Player B feeds the ball to player A  Player A returns the ball cross table to a target (or straight if they are finding it too challenging)  10 successful feeds each then swap over.  Use the task card to support further and provide additional challenge. | | | *Application*  **Set up**  Game/Tournament | |
| **Responsive adaptations** | **Developing**  Attempts to use a loop shot during controlled practice | **Securing**  Attempts to use a loop shot during a game | | **Mastering**  Is successful at using a loop shot during a game to outwit an opponent |
| **Progress check questions** | What are the key teaching points for a forehand topspin?  Ready – Preparation – Contact – Follow through  Why would you use this shot in a game situation?  Make it difficult for opponent to return my shot with an attacking one and add extra spin to deceive the opponent  How can you use this shot to outwit an opponent?  Vary the distance/power/location of shot | | | |
| **Errors or misconceptions to look out for** | Holding the bat incorrectly  Angle of the bat  Timing of the shot  Power of the shot  Positioning and stance | | | |