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**Knowledge Rich Curriculum Plan**

Y10 Unit 4

La vida sana



| **Lesson/Learning Sequence**  | **Intended Knowledge:***Students will know…* | **Tiered Vocabulary**  | **Prior Knowledge:***In order to know this, students need to already know…* | **Assessment**  |
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| **Lesson 1****La comida sana** | * 14 types of food and drink – see KO
 | LegumePulse | * How to conjugate the verbs *comer* and *beber*
* 6 time phrases – see KO
 | MWB  |
| **Lesson 2****La comida sana – escribir** | * How to write about what food/drink they eat and why
 | InaugurateInflux  | * 17 food/drink items – see KO
* How to conjugate the verbs *comer* and *beber*
* 6 time phrases – see KO
 | Translation task |
| **Lesson 3****Las enfermedades** | * 12 illnesses – see KO
* *Desde hace* = for…
* *Desde* = since…
* *Estoy enfermo/a* = I am sick/ill
* *No me encuentro bien* = I don’t feel well
* *Me siento mal/fatal* = I feel bad/awful
* *6 time phrases – see KO*
 | SunstrokeHeatstrokeNauseous  | * How to conjugate the verb *tener*
* 10 time phrases – see KO
 | Listening task  |
| **Lesson 4****Parar y pensar** | * TBC
 |  | * TBC
 |  |
| **Lesson 5****Las heridas y los remedios** | * 15 body parts – see KO
* *Me duele(n)* = it (they) hurt(s) me
* *Me he roto* / *cortado* / *quemado* / = I have broken / cut / burnt /
* 6 remedies – see KO
* How to conjugate the verb *haber* in the 3rd person (*hay*)
 | Advice | * How to conjugate the verb *tener*
 | Whole Class Feedback – Reading task |
| **Lesson 6****Mantenerme en forma - deportes** | * How to say how they stay fit through sport in 4 tenses (imperfect, present, future and conditional)
* How to conjugate the verb *mantenerse* in the 1st person
 | CanoeKayakScuba diving | * A range of sports – see KO
* How to conjugate the imperfect, present, future and conditional tenses
 | Grammar task |
| **Lesson 7****Fumar**  | * How to describe the negative impact of smoking using 6 key phrases – see KO
 | Peer pressureMarathonSponsored (run) | * The dangers of smoking in English
 | Reading task  |
| **Lesson 8****El alcohol y las drogas** | * Arguments for/against alcohol/drugs – see KO
* How to conjugate the verbs *beber*, *tomar* and *fumar*
 | DetrimentalCapacityHabitDependenceRehabilitation  | * Arguments for and against alcohol/drugs in English
 | Whole Class Feedback – Listening task |
| **Lesson 9****Parar y pensar** | * TBC
 |  | * TBC
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| **Lesson 10****Mi vida sana en el pasado** | * How to describe their lifestyle in the past using the imperfect tense
 | HookedDepressionSoft drugsHard drugs | * How to conjugate the imperfect tense
* 3 past tense time phrases – see KO
 | Grammar task |
| **Lesson 11****Mi vida sana en el futuro** | * How to describe their lifestyle in the past using the near future tense
* 6 future tense starters – see KO
* 9 healthy living activities – see KO
* 7 subjunctive phrases – see KO
 | IntentionConditional tense | * How to conjugate the near future tense
* How to conjugate the conditional tense
 | Grammar task |
| **Lesson 12****Mi vida sana – tres tensos** | * How to complete a photocard task – describe the photo, followed by 2 question (with time to prepare), then 2 questions (unseen)
* ¿Qué hay en la foto? = What is there in the photo?
* How to complete a 90 word, 4 bullet point writing task on healthy living using TOESSIC
 | PhotocardImperfect tensePresent tenseNear future tenseConditional tense | * How to conjugate the imperfect tense
* How to conjugate the present tense
* How to conjugate the near future tense
* How to conjugate the conditional tense
* TOESSIC
 | Whole Class Feedback – Mixed tense practise. |
| **Lesson 13****Parar y pensar** | * TBC
 |  | * TBC
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