



The Sutton Academy

Knowledge Rich Curriculum Plan

BTEC Performing Arts – Unit 12 Contemporary Dance Technique

Practical



Lesson/Learning Sequence	Intended Knowledge: <i>Students will know that...</i>	Tiered Vocabulary	Prior Knowledge: <i>In order to know this students, need to already know that...</i>	Assessment
LO1: Setting targets and Martha Graham Technique 4 lessons	<p>How to audit themselves based on their physical, technical, expressive, personal management skills and contemporary technique. They will then set 3 long term targets for this unit which will be reviewed throughout.</p> <p>Characteristics of the Martha Graham Technique through technique exercises.</p> <ul style="list-style-type: none"> • Contraction and release • Use of the breath • Spiral • Floorwork, flexed feet • Use of gravity • The use of parallel and turn out • Cupped hands • Tilts. <p>For the 4th lesson, students need to be filmed so that they can complete a self-assessment of 3 technique exercise and state how they are going to improve on those areas of development.</p>	<p>Tier 3:</p> <p>Contemporary Ballet Contract Release Torso Spiral Tilt</p>	<p>Know the difference between the two genres of dance - contemporary and ballet, through their stylistic features.</p>	
LO2: Merce Cunningham Technique 4 Lessons	<p>Characteristics of the Merce Cunningham Technique;</p> <ul style="list-style-type: none"> • Fast footwork • Rhythmic energy • Emphasis on flow and efficiency • High degree of physical energy • Use of torso – arch, tilt and curve • Body weight and gravity • Use of balance and off-balance • Not working with the music • Chance technique (through a dice or phone number) <p>For the 4th lesson, students need to be filmed so that they can complete a self-assessment of 3 technique exercise and state how they are going to improve on those areas of development. They will also write about the how they practically explored the chance technique.</p>	<p>Tier 2:</p> <p>Fluid Proportioned Rhythm</p> <p>Tier 3:</p> <p>Stylistic features Curve Arch Tilt Correlation Torso Ballet Contemporary</p>	<p>What are the characteristics of the Cunningham technique?</p>	
<p style="text-align: center;">Half Term</p>				

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LO3: Richard Alston's Repertoire 2 Lessons	Students will learn the repertoire from Alston's work Overdrive.	Tier 2: Fluid Proportioned Rhythm Tier 3: Stylistic features Curve Arch Tilt Correlation Torso Ballet Contemporary	What are the characteristics of the Cunningham technique? What are the characteristics of Alston's style?	
LO4: Siobhan Davies 2 Lessons	Students will learn the repertoire from Davies's work Soda Lake.	Tier 2: Fluid Proportioned Rhythm Tier 3: Stylistic features Curve Arch Tilt Correlation Torso Ballet Contemporary		