



Knowledge Rich Curriculum Plan

Year 11 – Childcare

Unit 2: Development and well-being 0-5 years





Year 11	Unit 2: Development and well-being 0-5 years	The Sutton Academy		
Childcare				
Lesson/Learning	Intended Knowledge:	Tiered Vocabulary	Prior Knowledge:	Assessment
Sequence	Students will know that		In order to know this students, need to already know that	
Lesson 1:	 Students will know what physical development is 		 Students need to already know what the word 	
Development in Children	movement, balance, co-ordination and gross motor skills.		development means.	
0-5 years	 Students will know what intellectual development if. 		 Students need to already know what holistic 	
	Development is to do with the development of the mind. It		development means and PLIES stands for.	
	includes:			
	Developing memory			
	Understanding information			
	Concentration/attention			
	Reasoning & problem solving			
	Imagination & creativity			
	• Students will need to know what emotional development is			
	This is to do with:			
	Understanding feelings e.g. happy, sad			
	Developing self-concept			
	Developing self-esteem			
	Managing own emotions			
	• Students will need to know what language development is;			
	This is closely linked to intellectual development, and			
	includes:			
	Understanding language			
	Learning to talk			
	Developing vocabulary			
	Understanding and using gesture/body language			
	 Students will need to know what social development is, 			
	This involves:			
	Forming relationships with others			
	Learning social skills – how to 'fit in'			
	Developing empathy			
Lesson 2:	Students will know how to describe how a child 0-3 years of		Know what the word holistic development and	
Physical Development in	age physically develops		physical development means and are able define	
children 0-3 years	 Fine motor skill is small movements often using hands such 		these.	
	as picking up a spoon/using a pencil.		urese.	
	 Gross motor skills is using larger movement – limbs – such 			
	as running, balancing and throwing.			



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Lesson 3: Physical Development 3-4 years of age	 Students will know how to describe how a child 3-5 years of age physically develops Fine motor skill is small movements often using hands such as picking up a spoon/using a pencil. Gross motor skills are using larger movement – limbs – such as running, balancing and throwing. 		•		
Lesson 4: D1 Describing Physical Development 0-5 years of age	 Be able to define; holistic development, physical development and describe how a child physically develops 0-5 years of age. 		 Be able to define; holistic development, physical development and describe how a child physically develops 0-5 years of age. 		
Lesson 5-6: Social and Emotional Development title of lesson	 Describe the expected pattern of children's development from 0-5 years in the following areas: social and emotional development Social development is about relationships. Emotional development is about our feelings and our identity. Attachment is strong feelings you have for someone e.g. mother and child. Bonding is a close relationship you have with someone else e.g. best friends Co-operative play – children play together and take turns parallel play; play alongside each other – not together but similar actions 		Be able to know what development means, be able to define holistic approach, physical development for abilities.		
Lesson 7-8: D1 Social and Emotional Development Coursework	 To be able to describe the expected patterns of development for children socially and emotionally from birth to 5 years of age. 		 Can define social and emotional development, parallel play, co-operative play and identify how a child develops emotionally and socially from 0- 5 years of age. 		



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Lesson 9-10: D1 Language Development	 How to describe two ways for each age range of children developing 0-1, 1-2, 3-5 years: Receptive language – this is what babies and children can understand Expressive language – this is what babies and children can say Understanding language takes longer. This year is sometimes called pre-linguistic as babies are not able to say words, although they may start to recognise the meanings of a few words from around nine months. The sounds are called babbling. Babbling changes over the year to make sounds more like the language that adults use around them are using. 						