

## **Curriculum Overview – Year 10 Dance**

Unit Title	Learning	How can parents best support?
Unit Title Practical Term 1 Set Phrase 1 Term 1 and Term 2 Performance in a Duo/Trio. Term 2 and 3 Set Phrase 2	LearningFor both the set phrases and duo/trio units, students will be assessed on their ability to demonstrate their physical competence, effectiveness as performers and their knowledge of safe working practice though the following:• Physical skills: posture, alignment, co- ordination, balance, strength, flexibility, mobility and control.• Technical skills: travel, turn, stillness, floor work, transfer of weight, dynamic content, spatial movement, movement performed accurately and relationships.• Expressive skills: projection, focus, spatial awareness, facial expression, musicality, sensitivity to others and communication of choreographic intent.• Mental skills: movement memory, commitment, concentration and confidence.• Safe practice as a performer within a group context: execution of movements, clothing, jewellery, hair, footwear.• How to achieve a high quality performance	How can parents best support?         Encourage your child to:         • Perform and practice at home in a safe space.         • Work on areas of development when they receive feedback from assessments.         • Stretch, work on their strength and stamina at home.         • Watch the set phrases and practice to the metronome using the following links:         AQA – Set Phrases         https://www.aqa.org.uk/resources/dance/gcse/dance/teach/set         phrases         YouTube – Metronome:         https://www.youtube.com/watch?v=9bmtEie7QB0



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<ul> <li>production and the ways in which these have been used together to enhance audience understanding of the choreographic intention.</li> <li>Knowledge of the purpose or significance of different performance environments in which the dance was created and performed.</li> <li>To develop critical appreciation of dance in its physical, artistic, aesthetic and cultural contexts.</li> <li>To critically appreciate a professional work through describing, analysing, interpreting, comparing, contrasting, evaluating and reflecting on all of the works in response to short answer and extended writing questions.</li> </ul>	All of the above can be done with the help of the booklets they use in class or the revision guide.
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