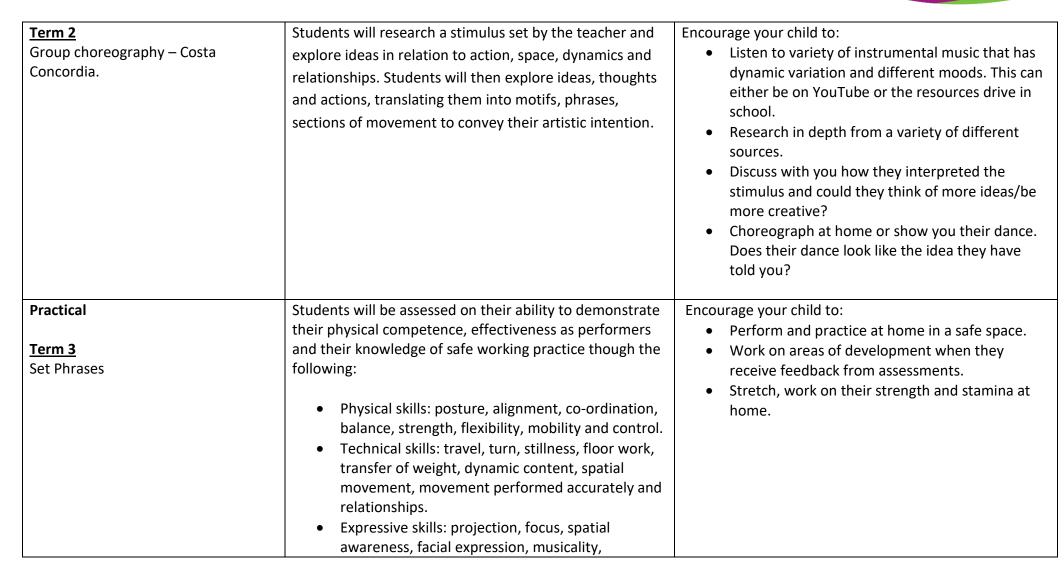


## **Curriculum Overview – Year 8 Dance**

Unit Title	Learning	How can parents best support?
Practical <u>Term 1</u> Jazz	<ul> <li>Students will be assessed on their ability to demonstrate their physical competence, effectiveness as performers and their knowledge of safe working practice though the following:</li> <li>Physical skills: posture, alignment, co-ordination, balance, strength, flexibility, mobility and control.</li> <li>Technical skills: travel, turn, stillness, floor work, transfer of weight, dynamic content, spatial movement, movement performed accurately and relationships.</li> <li>Expressive skills: projection, focus, spatial awareness, facial expression, musicality, sensitivity to others and communication of choreographic intent.</li> <li>Mental skills: movement memory, commitment, concentration and confidence.</li> <li>Safe practice as a performer within a group context: execution of movements, clothing, jewellery, hair, footwear.</li> <li>How to achieve a high quality performance through self and peer assessment.</li> </ul>	<ul> <li>Encourage your child to:</li> <li>Perform and practice at home in a safe space.</li> <li>Work on areas of development when they receive feedback from assessments.</li> <li>Stretch, work on their strength and stamina at home.</li> </ul>



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<ul> <li>sensitivity to others and communication of choreographic intent.</li> <li>Mental skills: movement memory, commitment, concentration and confidence.</li> <li>Safe practice as a performer within a group context: execution of movements, clothing, jewellery, hair, footwear.</li> </ul>	
<ul> <li>How to achieve a high quality performance through self and peer assessment.</li> </ul>	