



	<ul style="list-style-type: none"> <li>• 3.3.2 Functional and chemical properties of food - 3.3.2.3 <i>Fats and oils</i></li> <li>• 3.3.2 Functional and chemical properties of food –</li> <li>• 3.3.2.5 <i>Raising agents</i></li> <li>• 3.2 Food, nutrition and health</li> <li>• 3.2.1 Macronutrients</li> <li>• 3.2.1.3 Carbohydrates</li> <li>• 3.2.1.1 Protein</li> <li>• 3.2.1.2 Fats</li> <li>• 3.2.2 Micronutrients</li> <li>• 3.2.2.1 Vitamins</li> <li>• 3.2.2.1 Antioxidant Vitamins</li> <li>• 3.2.2.3 Water</li> <li>• 3.2.3 Nutritional needs and health</li> <li>• 3.2.3.1 Making informed choices for a varied and balanced diet</li> <li>• 3.5 Food choice</li> <li>• 3.5.1 Factors affecting food choice</li> <li>• 3.5.2 British and international cuisine</li> <li>• 3.5.3 Sensory evaluation</li> </ul>	<p>C/S/A/ T&amp;L</p> <p>C/S/A/ T&amp;L</p> <p>C/S/A/ T&amp;L</p> <p>C/S/A/ T&amp;L</p>	<p>and polyunsaturated fats, fat soluble and water-soluble vitamins</p> <p><b>Food choice</b></p> <ul style="list-style-type: none"> <li>• Factors which influence food choice – cost/ religious, cultural and ethical reasons Food labelling and marketing influences</li> <li>• British food choices</li> <li>• International cuisine/Culinary traditions</li> </ul> <p><b>Food Skills</b></p> <ul style="list-style-type: none"> <li>• General practical skills/knife skills/preparing fruit and vegetables/use of cooker/cooking and equipment/sauces/dough/raising agents/setting mixtures</li> </ul>	<p>adjectives of sensory analysis and evaluation</p> <p><b>Maths:</b> Measurement Ratio/Fractions</p> <p><b>Geography:</b> Foods are grown and harvested</p> <p><b>PE:</b> Eatwell Guide and Diets Macronutrients Micronutrients</p> <p><b>Art and Design:</b> Presentation and decoration</p>	<ul style="list-style-type: none"> <li>• Analysis and evaluation <i>Mock NEA Task 1:</i></li> <li>• Food Investigation</li> <li>• Analyse the task</li> <li>• Practical experiments and investigations /</li> <li>• Analyse and interpret results of the investigative work</li> <li>• Evaluate hypothesis with justification</li> <li>• <i>Mock Exam:</i> Written exam: 1 hour 45 minutes</li> </ul>
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