

12 September 2024

Dear Parent/Carer

Your child has now begun their PSHE programme for Year 8.

PSHE stands for Personal, Social, Health and Economic education. It is a statutory subject in which students are taught a wide range of topics including bullying, online safety and relationships.

Through our delivery of PSHE, we hope to equip our students with the knowledge and skills they need to manage their lives and thrive as both individuals and members of society now and in the future.

At the academy PSHE is taught fortnightly, on a rolling program. Students are taught by their Form Tutor and are therefore able to develop positive relationships, which allow for open discussion, debate and questions in the classroom. Topics are taught in an age appropriate and sensitive manner.

Please find attached an overview of what your child will study this year, as well as a Support Sheet, specific to your child's year group. These have been given to all students to enable them to access help with issues they may be facing. Support and information are also referenced in each PSHE lesson. Students can also speak to any member of staff at the academy.

If you have any questions, or would like to discuss PSHE further, please email:

[emma.cleator@thesuttonacademy.org.uk](mailto:emma.cleator@thesuttonacademy.org.uk)

Yours faithfully

*E Cleator-Webb*

Miss E. Cleator-Webb  
Curriculum Leader of PSHE/Teacher of RE