



The Sutton Academy

Together Students Achieve

Principal: Mr Paul Willerton

13 October 2020

Dear Parent/Carer

Year 11 is an important year for all students and we recognise that we need to support them with their health and well-being during this challenging year.

This year we are launching the '**Year 11 Health Hub**' which will consist of a number of courses, workshops and activities students can obtain on Monday's 2.45pm - 4.00pm.

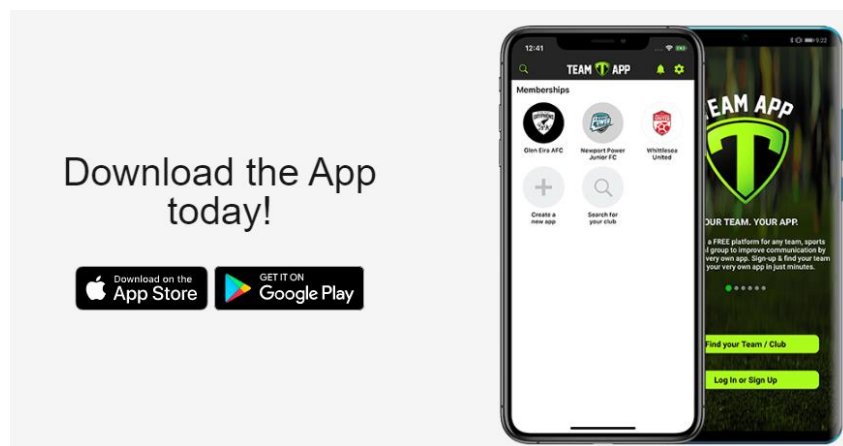
There are a range of activities to support student's mental health and well-being focusing on five key areas: Health and Well-being, Sports, Creative, Future Aspirations and Life skills. The majority of these activities are linked with AQA Unit Awards and by attending the workshops students can obtain an AQA Unit Award qualification and will receive a certificate on completion of the short course.

All costs of the AQA Unit Awards are covered by The Sutton Academy so there is no charge to students to participate in the qualifications. There is also no limit to how many qualifications students can obtain and we encourage students to participate in as many courses as possible.

Courses need to be booked in advance due to staffing and resources which can be done through our 'Team App'.

To enjoy the full features of this app please go to the App Store or Google Play and download Team App onto your mobile device, then follow these simple steps :-

1. Sign-up to Team App. You will be sent an e-mail to confirm your registration.
2. Log-in and search for **TSA YEAR 11 HEALTH HUB**, then request to become a member.



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Students will be notified through the app of the different courses running for that half term, they will then respond if they will be attending or not. There are limited places on each course and will work on a first come first serve basis. Along with the courses available in the 'events' section there are also some links to useful websites where students can access support for their mental health and well-being. The app will be continually updating information in the 'news' section of different initiatives and upcoming courses becoming readily available to them.

We would like to encourage all Year 11 students to download this app as it will contain all the information they will need regarding the TSA Health Hub for this academic year.

If you would like further support on how to use or download the app please don't hesitate to contact me at the academy on 01744 678859 or email enrichment@thesuttonacademy.org.uk and I will be happy to answer any questions you may have.

Yours faithfully

N Egerton

L Tootle

Mrs N Egerton
Teacher of PE & Enrichment Coordinator

Mr L Tootle
Achievement Leader Year 11 & Teacher of History

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