



SET UP A PERFECT STUDY SPACE

You need somewhere you'll do your best work quickly and efficiently.

Can you set aside space in your room just for study?

Make sure it's well lit, not too hot or cold, with enough space for your materials, and is quiet enough for you to work.

Have a drink and snack on hand!





PICK THE BEST TIME TO WORK

Will you get your work done better and faster if you do it right after school?

Is after dinner a better time for you? Sunday afternoon?

Pick the best time for you to work, and try to revise at that time every day.





DON'T REVISE JUST BEFORE BED

You definitely don't want revision on your mind when you're trying to sleep. It can stress you out and mess with your sleep pattern.

Get it done earlier, and enjoy your rest!





START WITH THE BIGGEST OR MOST DIFFICULT

You might want to start with the smallest and easiest bits, but trust us...

Spend the most time on the biggest and most difficult parts. Then, moving on to the easier parts will seem even more relaxed.





PLAN AHEAD

Got a large project coming up?

Plan it now.

Get your diary out, think about how long the work will realistically take, and schedule this time.

This avoids last minute panic and helps you manage revision and social time.

Not only that, you'll be practicing skills you'll need for the future, at work or in university.

