

Sutton Sound

Issue #002, December 2016 Written for the students, by the students.



An Interview With...

Ms Hudson! We decided to ask some Christmas related questions to get into the holiday spirit.

How do you celebrate Christmas?

My partner and I have a very traditional Christmas; I see my mum and brother for lunch and my sister, and her children come round in the afternoon. I love cooking Christmas lunch for everyone so it's a pretty hectic day but we still spend time together and play board games once lunch is done. Of course, there will also be time for walking my dog, Snoop!

What was your favourite subject at school?

R.E was the easiest subject for me, but I did love Maths and History too.

How do you make your lessons fun at Christmas?

I base them on the more interesting things in R.E so of course it's still on topic. Usually we have lots of quizzes and challenges with prizes to make it fun as well as educational. This year I may even set up a *Kahoots GCSE quiz!*

What's the best thing about The Sutton Academy?

The school trips here are pretty amazing; we went to Poland and Belgium and that was a very emotional time, especially Poland. I loved how caring and reassuring the students were with one another. The trips show another side to the students too and their behaviour has always been outstanding.

Where would you like to see the school in five years?

In five years' time I'd love to see the '97%' become the '99%' and for every student to be happy and achieve their potential.

A FESTIVE WELCOME!

Welcome to the second edition of Sutton Sound! This is a newsletter written and designed by the students of The Sutton Academy. We look forward to bringing you news from around the school along with interviews, puzzles and much more!

THIS ISSUE'S CONTRIBUTORS

Meghan Marsh, Charlotte Naylor Eaton, Ben Holliwell, Phoebe Lilly, Shaarai Spriggs, Ben Peers and Alix Dixon.

Do you have a story? Would you like to be involved? Do you want the newsletter to have a feature which it currently doesn't? Please get in touch at studentjournalismteam@thesuttonacademy.org.uk or come along to Journalism Club on Tuesdays after school in BG09.

Top 4 Christmas Films

Number 4: Home Alone A classic Christmas film for all the family. We recommend that this film should be watched drinking hot chocolate in front of a warm fireplace. Join Kevin, a boy left home alone when his family go on holiday. However, bandits are on the loose on Kevin's street! 5 / 10 stockings!

Number 3: The Polar Express On Christmas Eve, a magical train appears at a boy's front door to take him to the North Pole and to see Santa. The boy sees all different types of wacky characters! 7 / 10 stockings!

Number 2: Elf Buddy the Elf is on a quest to find his real family in New York. An absolute classic. 9 / 10 stockings!

Number 1: A Christmas Carol Based on the story by Charles Dickens. Join Ebenezer Scrooge, an accountant in Victorian England as he is taught a lesson he will never forget. It's the Christmas classic to watch on Christmas Day. 10 / 10 stockings!

Pause for thought

Some people may not have a very Merry Christmas this year... here's a reason why.

As you read this, some of the people around you may be struggling with mental health issues. For some feeling the effects of mental illness, it can be very hard to enjoy the festivities with friends. You may find it difficult to keep up a smile, but don't worry: there is help at hand. There is always someone to make you feel happy again, or just lift a weight off of your shoulders.

Many people unfortunately experience a lot of emotional harm, especially during festive times such as Christmas, when it may be harder to fit in. By being aware of this, you can try and understand that people can't necessarily help it. This doesn't mean that everyone struggles with mental health issues, it just means that some people might.

Many sources of support are available and easy to access for anybody who needs them, and even for people who may be worried on behalf of someone else.

If you or someone you know has mental health issues and are struggling this year, please reach out to someone. If someone you know is struggling, just be there for them when they need you. By simply being there for them, you can be a great help. And if you are struggling, it can be very difficult to express those feelings, especially if they are complicated, and personal but there are always people who are able, ready, and prepared to help you.

Wishing you a Merry Christmas, and a happy new year, from all of us here at The Sutton Academy Journalism Team.



Poetry Corner

Christmas.

It's everywhere.

Now don't get me wrong,
I love Christmas!
It's just different this year.

Same songs,
Same food,
Same sort of concept,

Christmas is for being with family,
And I will be...
Just a new one...

Lumos

Christmas Boggle

How many words to do with Christmas can you find in the grid? Each letter must be connected and you can't use the same tile twice in one word.

D	C	M	B	C
T	E	E	E	A
R	S	G	R	O
A	A	I	V	L
N	T	F	E	B

Christmas Quotes

Christmas is the spirit of giving without the thought of getting. -Thomas S. Monson

The best way to spread Christmas cheer is singing loud for all to hear. -Buddy The Elf

Some people are worth melting for. -Olaf The Snowman

